

COMMISSION
CHURCH



PRAYER WALK GUIDE



What is a Prayer Walk?

A prayer walk is a form of intercessory prayer where individuals or groups walk through a specific area (neighborhood, school, city, etc.) while praying for the people, places, and needs within that area.

Why Prayer Walk?

Followers of Jesus are called to pray throughout the Scriptures. We are invited to pray without ceasing (1 Thess. 5:17), always pray and never give up (Lk. 18:1), seek God's face (1 Chr. 16:11), faithfully ask in prayer (Mk. 11:24), pray for leaders and all people (1 Tim. 2:1), pray for healing (Jms. 5:16), pray for those in trouble (Jms. 5:13), pray according to God's will (1 Jn. 5:14), and pray in Jesus' name (Jn. 14:13). As a people of prayer, we want to take these calls seriously and delight in the invitation to intercede for those around us.

How Do I Start?

Go to your location, begin walking, and pray like Jesus taught His disciples to pray:

“Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.” Matthew 6:9-13 (NIV)

Ask God and Listen

- Lord, what are you doing here?
- Who are you moving in right now?
- What barriers or strongholds are here?
- What is your heart for this area?

How to Pray

Pray with Open Eyes and Listening Ears

- Watch where you're walking :)
- Keep your senses open to the Lord.

Pray in Jesus' Name

- Start and finish your prayers in the Name Above all names.

Pray Positively

- ALWAYS Speak Life, Blessing, Hope, etc.

Worship and Give Thanks

- Put some praise in your prayers, sing or play worship, give thanks to God!

Pray Obediently

- Pray what Holy Spirit leads you to pray

Pray God's Word

- Declare God's words, promises, and declarations.

Pray Humbly

- Don't make a spectacle, just focus on praying.

What to Pray For

- The homes and families you walk by
- God's work on the hearts of the community
- Healing, Compassion, and Restoration of the broken and hurting
- Hope for those feeling hopeless, lonely, isolated, and depressed
- Leaders in the community, neighborhood, city, nation, local churches, etc.
- Gospel and Ministry opportunities
- First responders, medical workers, and hospitals
- Local businesses
- Victory over spiritual warfare
- Blessing over the community
- The community to meet Jesus and join our church community
- Whatever else the Lord leads you to pray

Pay Attention To

Creation

- What is God speaking through the trees, weather, animals, etc.?
- How can you pray from these things (aka. Pray for new growth like the flowers blooming, or for the light to shine like the sun, or for joy to be experienced like the dog you see, etc.)?

Signage

- What is God speaking through nearby signage?
- How can you pray these things?

Families and Nearby People

- What is God speaking through these people?
- How can you pray? (Pray for childlike faith, pray for families to be restored, pray for those feeling lonely, pray for brokenness to be healed, etc.)

Miscellaneous Items

- Notice if something is broken and pray for restoration, notice if there's certain music and worship God, notice if there's something happening around you that God speaks to you through, and pray accordingly.

Write Down and Pray

Use the space below to write what you're hearing from God and pray it.

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